



ONE DISTRACTION

NO
SECOND
CHANCES

Trains can travel up to 125mph.
Stop, look and listen at level crossings.



NO SECOND CHANCES

At level crossings, a single distraction can have irreversible consequences. Don't let a distraction take your attention away from your safety.

Level crossings are designed to help you cross the railway and keep you safe. Always follow the steps below to cross safely.

1 STOP AND READ SIGNS

Every level crossing is different. Follow the instructions provided – they are there to help keep you safe.

2 LOOK AND LISTEN

Some crossings rely on your ability to see and hear trains.

Always check both directions every time you use the crossing. If a train is approaching do not cross.

If there are lights, barriers or alarms provided make sure you understand what they mean and always follow their instructions. If the crossing has activated, do not cross.

3 ALWAYS BE ALERT

Give the crossing your full attention.

Avoid distractions, like using phones or headphones near the crossing.

Trains can approach in any direction. Be aware another train may be coming.

4 CROSS QUICKLY AND CAREFULLY

Only cross when all tracks are clear.

Once you have confirmed it is safe to cross, do so quickly, and do not stop on the crossing.



**SCAN TO
DISCOVER MORE**

NEVER FORGET

- Trains coming towards you barely make a sound.
- They can arrive at any time.
- Trains can't swerve or stop quickly.
- Trains can be travelling faster than you think and can reach speeds up to 125mph, taking over a mile to stop.
- Cross quickly and never stop on a level crossing.